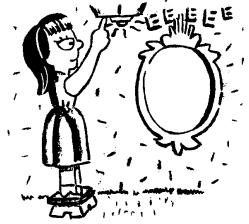
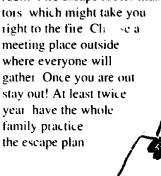
• Install and Maintain Smoke Detectors

Smoke detectors warn you of a fire in time for you to escape. Install them on each level of your home and outside of each sleeping area. Test them every week following the manufacturer's directions. Replace batteries once a year or whenever a detector chirps to signal that its battery is low. Don't ever borrow detector batteries for other uses: a disabled smoke detector can't save your life!



Plan and Practice Escape

If the breaks out in your home you have to get out fast! With your family plan two ways out of every room. Fire escape routes must not include eleva





Space Heaters Need Space

Keep portable and space heaters at least 3 feet (1 meter) from anything that can burn Never leave heaters on when you leave home or go to bed and keep children and pets well away from them



Smokers Need Watchers

Carelessly discarded cigarettes are the leading cause of fire deaths in the United States Never smoke in bed or when you are drowsy! Provide large, deep ash trays for smokers and put water on butts before discarding them Before going to bed, check under and around sofa cushions for smoldering cigarettes

Be Careful Cooking

Never leave cooking unattended Keep cooking areas clear of combustibles and wear short or tight fitting sleeves when you cook Keep the handles of your pots turned inward so the pots can't be knocked or pulled over If grease catches fire carefully slide a lid over the pan to smother the flames then turn off the burner Never put foil or other metals in a microwave oven

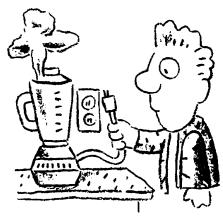
Matches and Lighters Are Tools

In the hands of a child, matches and lighters are deadly. Store them up high where kids can't reach them, preferably in a locked cabinet. And teach your children from the start that matches and lighters are tools for adults not toys for kids. If children find matches or lighters, they should tell a grown up immediately.



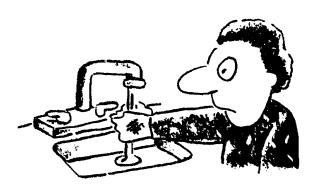
Use Electricity Safely

If an applicance smokes or has an unusual smell unplug it immediately and have it repaired Replace any electrical cord that is cracked or frayed. Don't overload extension cords or run them under rugs. Don't tamper with the fuse box or use fuses of an improper size.



© Cool a Burn

If someone gets burned immediately place the wound in cool water for 10 to 15 minutes. If the burn blisters or chars, see a doctor immediately



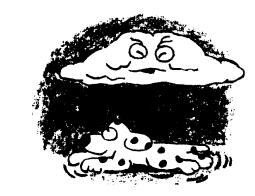
Stop, Drop, and Roll

Everyone should know this rule. If your clothes catch fire, don't run! Stop where you are, drop to the ground cover your face with your hands to protect your face and lungs, and roll over and over to smother the flames.



© Crawl Low Under Smoke

Smoke is dangerous! If you encounter smoke, use an alternate escape route. If you must exit through smoke the cleanest air will be several inches off the floor. Crawl on your hands and knees to the nearest safe exit.









© 1992 National Fire Protection Association Batterymarch Park Quincy MA 02269 Tips for Fire Safety

